

## Camp Orkila

### FOR TRADITIONAL & SPECIALTY CAMPS ONLY

**(TEEN EXPEDITION & LEADERSHIP PACKING LIST IS ON PAGES 2-3)**

#### KEEP IN MIND

- Campers should be able to carry their own luggage to their cabins. Avoid overpacking.
- Label all belongings with your camper's first and last name, including bedding.
- Clothing should be tolerant of water, mud and fun – nothing new or expensive!
- All items on the clothing list are important at camp, especially the rain gear and warm layers.
- Closed-toe shoes are required to use challenge course.

### TRADITIONAL & SPECIALTY CAMP PACKING LIST

#### SUGGESTED ITEMS FOR A 1-WEEK SESSION

- |  |  |  |
|--|--|--|
| • 40 degree or warmer sleeping bags with pillow/ pillow case | • 2 pairs comfortable walking shoes – closed toe | <b>HELPFUL EXTRAS</b>  |
| • 1 bath towel & washcloth                                   | • Comb/Hairbrush & Shampoo                       | • Sunglasses   |
| • 1 beach towel  | • Toothbrush & Toothpaste                        | • Swim Goggles   |
| • 1-2 pairs of pants   | • Soap or Bodywash                               | • Shower shoes (flip flops ok)   |
| • 2-4 pairs of shorts  | • Deodorant                                      | • Laundry Bag  |
| • 5-6 shirts   | • Sunscreen – SPF 15 or higher                   | • Book or playing cards  |
| • Sweatshirt or jacket                                       | • Flashlight                                     | • Writing paper, pens, self-addressed/stamped envelopes for letters home |
| • Raincoat or poncho with hood                               | • Water bottle                                   | • Disposable camera with name on it                                      |
| • Pajamas or sleepwear                                       | • Backpack/CinchSack to carry belongings         | • Insect repellent   |
| • Sunhat or baseball cap                                     |  | • Lip Balm   |
| • Swimsuit   |  | • Fancy and/or silly clothes for special events                          |
| • 7 pairs underwear & socks                                  |  |  |

**\*NOTE: Please label all belongings with your camper's first and last name.**

#### THINGS TO KEEP AT HOME

DO NOT bring the following items to camp! Prohibited items will be returned, if appropriate, on the last day of the camp session:

- Electronics: cell phones, smart watches, laptop computers, e-readers, tablets, music players, etc. (anything with a screen). We maintain an unplugged, non-screen environment.
- Food of any kind, including candy or chewing gum (all snacks are provided)
- Money, jewelry, or expensive items
- Any item considered dangerous (knives, guns, weapons, fireworks, matches, lighters, etc.)
- Alcohol or illegal drugs of any kind
- Tobacco products, in any form (including e-cigarettes & vapes)
- Animals or pets of any kind
- Skateboards, bicycles, scooters, rollerblades, roller skates, and other personal sports equipment
- Vehicles (teen campers are not allowed to drive themselves to/from camp, and must be checked-in by a parent or guardian)

## Camp Orkila FOR LEADERSHIP DEVELOPMENT & EXPEDITION PROGRAMS

### GENERAL PACKING LIST

All participants are responsible for bringing the items on the following list with them to camp. Please check with your teen that every item is actually going into their pack before leaving home. Please take note of additional items necessary for your specific programs (see pages 12-14). The quality of equipment can have an enormous impact on the health and happiness of participants. When selecting equipment, size and weight can be important. Orkila can provide many of these items; please connect with us for any questions: [campinfo@seattlemca.org](mailto:campinfo@seattlemca.org)

Since participants will be carrying their own equipment as well as a portion of the group's food and gear, choose personal gear that is lightweight, warm and easily packed. Cotton provides little insulation when wet, holds water, and dries slowly. Synthetics and wool are warmer and more comfortable and **highly recommended**. Pack all items in a duffel bag or backpack.

A quality sleeping bag is extremely important for comfort on trips. A nylon-shelled synthetic or down filled sleeping bag, with a stuff sack, is important. Small, warm, lightweight bags are essential because teens will carry their bags for the duration of the trip. **Do not bring cotton sleeping bags**. They tend to be bulky, and once wet, tend to stay wet.

### Required Items

- 1 pair of comfortable shoes (such as tennis shoes) to wear at camp sites
- Baselayer: 1 pair of long underwear, top and bottom, (wool, capilene or polypropylene)
- Midlayer: 2 pairs of long pants (1 pair non-cotton, synthetic, quick-drying)
- Midlayer: 1 long-sleeved synthetic/wool top
- Top layer: 1 warm fleece, sweater or jacket (wool or synthetic)
- Rain jacket and rain pants (no ponchos)
- 4 pairs of socks (wool or synthetic preferred)
- Underwear (enough to last through the length of the program)
- 2 pair of shorts
- 4 T-shirts (at least 1-2 non-cotton, synthetic)
- 1 swimsuit
- 1 brimmed hat
- 1 warm hat
- 1 pair of warm, lightweight gloves
- Personal toiletries (in small containers)
- 1 towel for showering
- Sunscreen

- Sunglasses with a retainer strap (Chums, Croakies)
- Flashlight or head lamp
- Personal water bottle
- Watch
- Sleeping pad (foam or inflatable)
- Sleeping bag (an easily packable, synthetic bag is preferred)

### Optional Items

- Camera (labeled with camper's name)
- Windbreaker
- Insect Repellent
- Books, cards, journals, art supplies
- Small hand towel
- Bandanas
- Crazy Creek chair
- Binoculars
- Postcards

## **Camp Orkila**

### **DO NOT BRING:**

- Cell phones/electronic devices
- iPods/MP3 players/radios
- E-Readers/handheld gaming devices
- Matches/lighters
- Alcohol/drugs/tobacco products/e-cigarettes/vaping devices
- Candy/food
- Valuable clothing or make-up
- Animals
- Personal sports equipment
- Fireworks
- Weapons
- Vehicles

### **CAMP PROVIDES**

Camp Orkila provides kayaks (primarily Northwest SeaScape 2 double kayaks), paddles, tarps, stoves, cooking and eating utensils, and dry bags.

### **ADDITIONAL PACKING ITEMS FOR LEADERSHIP PROGRAMS\*\*:**

All required items listed, as well as additional clothing and shoes for time in camp. Please refer to the camp packing list for one week on page 17 of the summer programs handbook, and adjust as needed for your total time at camp.

### **GEAR CHECK**

Our instructors will help check all participant gear. They may ask participants not to bring something that they've packed or provide an alternative to what was brought. This is done for efficiency, to minimize pack weight, and to ensure that everyone has the appropriate gear. Anything we ask to be left behind will be stored securely.